

MEDICAL CONSENT FORM

Name _____ Birth Date ____/____/_____
Address _____ Male _____ Female _____
City _____ State _____ Zip _____ Emergency Contact _____
Phone _____ His/Her Phone _____
E-mail _____ Physician _____
How did you hear about us? _____ Pregnant? Y/N If yes, How many weeks? _____

Have you had a massage before? _____ If yes, how frequently? _____

Please list medications you are currently taking. _____

Please List and existing Injuries/Accidents. _____

Please List any surgeries and hospitalizations. _____

Your current complaint/condition. _____

When did this condition appear? _____

What activity were you doing when you first noticed it? _____

Has your conditioned worsened or spread to any other areas of your body? _____

What activities can you no longer participate in because they cause pain/weakness? _____

Does the pain lessen/intensify while standing, sitting, sleeping or walking? _____

Have you visited other health care professionals for treatment of this condition? If so, who and when? What types of evaluations and treatments were performed? (MRI, CT scan, X-ray, surgery, physical therapy, spinal adjustments, etc.)?

Are you currently participating in an exercise program? Sports? _____

Describe your program/sport, frequency and duration. _____

What do you hope to achieve from todays session? _____

Check Frequent Body positions or Movements:

____ Standing ____ Stooping ____ Kneeling ____ Driving ____ Sitting ____ Bending ____ Lifting ____ Travel

Problems you've observed. ✓ CHECK if occasional ○ CIRCLE if frequent of severe:

HEAD & NECK

- _____ Headaches
- _____ Neck pain/tightness
- _____ Lumps or swelling
- _____ Migraines
- Other _____

EYES

- _____ Wear Glasses
- _____ Wear contacts
- _____ Lasik _____ Date

MUSCULOSKELETAL

- _____ Aching Muscles
- _____ Fibromyalgia
- _____ Aching Joints
- _____ Arthritis
- _____ Low back pain
- _____ Sciatica
- _____ Shoulder pain R/ L
- _____ Thoracic Outlet Syndrome
- _____ Spinal Curvature
- _____ Painful feet
- _____ Painful Wrists
- _____ Carpal Tunnel
- _____ TMJ
- _____ Broken Bones (Which)
- _____ Sprain/Dislocation
- Other _____

DIGESTIVE

- _____ Bloating stomach
- _____ Constipation
- _____ Loose bowels
- _____ Ulcer/colitis
- _____ Other (Ex: Diverticulosis, IBS)

REPRODUCTIVE/URINARY

- _____ Currently Pregnant
- Weeks _____
- Fertility Pregnancy _____
- High Risk/
- Complicated Pregnancy _____
- _____ Menstrual Cramps
- _____ Lump or pain in breast
- _____ Kidney/bladder
- _____ Prostate
- _____ Painful urination
- _____ Night urinary frequency
- _____ Menopause
- _____ Trying to get Pregnant
- Other _____

RESPIRATORY

- _____ Asthma / Bronchitis
- _____ Easily out of breath
- _____ Smoker
- _____ Diabetes
- Other _____

CARDIOVASCULAR

- _____ High blood pressure
- _____ Low blood pressure
- _____ Swelling in feet
- _____ Leg cramps
- _____ Heart Disease (type)
- _____ Stroke / CVA
- _____ Stent / Shunt
- Other _____

SKIN

- _____ Bruise Easily
- _____ Varicose Veins
- _____ Open sores or cuts
- _____ Skin Allergies
- _____ Tender areas

NERVOUS SYSTEM

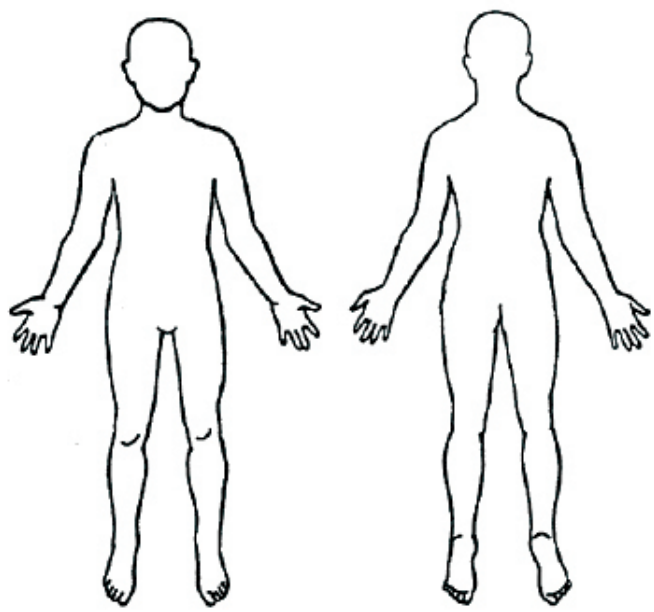
- _____ Difficulty in relaxing
- _____ Difficulty in sleeping
- _____ Tuberculosis
- _____ Epilepsy
- Other _____

BLOOD

- _____ HIV
- _____ Anemia
- Other _____

OTHER

- _____ Tumor/Cancer (where)
- _____ Implants



Please identify current problem areas in your body by circling or shading in the appropriate areas on the diagrams.

I understand massage/bodywork is not a substitute for medical care and any information that is provided to me by the therapist is not diagnostic but for educational purposes only. I will, as much as possible, participate in my own healing. I have stated all my known medical conditions and take it upon myself to keep the massage therapist updated on my physical health.

Signature _____ Date _____